

2011 Employee Assistance Program Telephone Seminar Schedule

Date	Presenter	Topic	Confirmation-RSVP code
Jan 5	Bill Dymont	Achieving Success: Identifying and Conquering Self-Defeating Thoughts	1546212
Jan 12	Karin King	Basic Components of Healthy Eating	4137997
Jan 19	Dan Ahlfield & Pam Meier	Manager's Guide to the EAP	9817394
Feb 9	Chip Weiner	Relationships: Making it Work - Together	9400461
Feb 16	Bill Dymont	Communication Skills	6848338
March 2	Dan Ahlfield & Teri Nardi	Employee Orientation to the Employee Assistance Program	7846603
March 16	Rick Conforto	Stress and Our Perceptions	7888040
March 23	Karin King	Path to Wellness: Make the Choice to be Healthy	9988147
Apr 6	Bill Dymont	Drug and Alcohol Awareness- Employees	8660245
Apr 20	Dan Ahlfield & Pam Meier	Manager's Guide to the EAP: How to Make a Management Referral	5639740
May 4	Ariel Eselevsky	Coping with Everyday Worry	8297494
May 11	Karin King	Sleep Well	4234895
May 18	Bill Dymont	Suicide Awareness for Managers	3943178
June 1	Rick Conforto	Balancing Work and Personal Life	9477633
June 15	Maricela Larkin	Make Work Stress Work for You (SPANISH)	1130496
July 13	Karen Untz	Make Work Stress Work for You	1804532
July 20	Dan Ahlfield & Pam Meier	Manager's Guide to the EAP	8398384
Aug 3	Chip Weiner	Dealing with Difficult People	2817224
Aug 17	Rick Conforto	Taming the Back to School Transition	7988407
Sept 7	Karin King	Stress Less: Responding to Your Mind & Body	6143615
Sept 21	Bill Dymont	Respect in the Workplace for Employees: Preventing Harassment	5655467
Oct 12	Kevin Mains	Violence in the Workplace for Managers	3219241
Oct 19	Dan Ahlfield & Pam Meier	Manager's Guide to the EAP: How to Make a Management Referral	4119795
Nov 9	Maricela Larkin	Managing Change (SPANISH)	7611458
Nov 16	Rick Conforto	Managing Family Conflict	8824837
Dec 7	Karen Untz	Holiday Stress	9164619

All calls begin at 2:00 pm ET (11 am PT) and last one hour.

Please **pre-register** at: <http://ww4.premconf.com/webrsvp> at least 48 hours before the conference. You will need the confirmation codes above. The dial-in number and passcode will be provided to you on the registration site, please write these down for reference. **Handouts** will be available to download from the registration site. A **recorded playback** of each seminar will be available starting two hours after the end of the seminar until midnight on the 10th day from the teleconference date. The dial-in number and passcode for the replay are available on the registration site; please write these down for future reference.



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